The EEA Connection

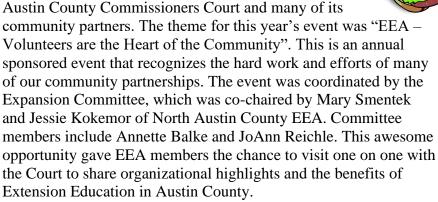
Texas A&M AgriLife Extension Service

Austin County

05/01/2022

Commissioners Luncheon

In February, the Extension Education Association of Austin County sponsored a soup, sandwich, and dessert meal in honor of the Austin County Commissioners Court and many





County Cultural Arts Contest

In addition, the group recognized collaborative efforts and the long-standing relationship between EEA and the Austin County Fair Association. In addition, a host of EEA members participated in the 2022 Cultural Arts Contest. The event was coordinated by the Cultural Arts Committee, which was co-chaired by Gaye Farr and Barney Zimmerman of West End EEA. Committee members include – Malinda Schramm and Karen Landrum. The Cultural Arts Contest allows members to exhibit knowledge and skills which express individualism and creativity. Members who placed 1st and 2nd in their category will advanced to the





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District Competition in La Grange, Texas this spring. Those who advanced to District are:

Category 3 - Craft Painting

- 1. Pat Allee
- 2. Joan Buenger

Category 4 - Decorated Garments

- 1. Barney Zimmerman
- 2. Joan Buenger

Category 5 - Fabric Creations

- 1. Doris Glenewinkel
- 2. Barney Zimmerman

Category 6 - Fiber Arts

- 1. Barney Zimmerman
- 2. Barbara Vohs
- Category 7 Garments and Accessories Handmade 1. Bonnie Schulz

Category 8 - Hand-Stitchery

- 1. Barney Zimmerman
- 2. Bonnie Schulz

Category 10 - Holiday Decorations

- 1. Bonnie Schultz
- 2. Joan Buenger

Category 11 - Jewelry

- 1. Doris Glenewinkel
- 2. Malinda Schramm

Category 12 - Painting and Drawing

1. Barbara Vohs

Category 13 - Paper

- 1. Bonnie Schulz
- 2. Barney Zimmerman

Category 14 - Traditional Scrapbook N/A

- Category 15 Digitally Produced Scrapbooks 1. Bonnie Schultz
- Category 16 Photo Black/White & Color
 - 1. Bonnie Schulz
 - 2. Joan Buenger
- Category 17 Photography Photo Paper Color
 - 1. Carolyn Balke
 - 2. Pat Allee

Category 18 - Photography- Any Other Medium 1. Bonnie Schulz

Category 19 - Quilts smaller than 50x70 –hand quilted 1. Bonnie Schulz

Category 20 - Quilts larger than 50x70 –hand quilted 1. N/A

Category 21 - Quilts smaller than 50x70 –machine quilted

1. Bonnie Schulz

Category 22 - Quilts larger than 50x70 -machine quilted

1. Bonnie Schulz

Category 23 - Quilts Twin size or larger-hand or machine quilted

1. Bonnie Schulz

Category 24 - Recycled Items

- 1. Bonnie Schulz
- 2. Jessie Kokemor

Category 25A - Wall Hangings

- 1. Jessie Kokemor
- 2. Lois Schubert

Category 26 - Misc.

- 1. Jessie Kokemor
- 2. Barney Zimmerman



District 11 Extension Education Spring Conference - La Grange, Tx

The District 11 Extension Education Spring Conference was held in La Grange, Texas in Fayette County on March 28th, with Peggy Viets, District 11 Director, presiding. Lila Garlin, Fayette County EEA member gave the welcome. Austin County was represented at the conference by Doris Glenewinkel, Jessie Kokemor, Barbara Vohs, and Pat Allee. There were several counties represented from around the district.

Mary Jo Prince, Program Manager of the Brazos Valley Injury Prevention Coalition & State Initiatives, presented information on the Distracted Driving educational program. In addition, Sally Garrett, Fayette County Family, and Community Health Agent gave a food demonstration featuring a TX Beef Council recipe.

Spring Car Trip - San Antonio, Texas

On April 5th through 7th, several EEA members ventured around the beautiful city of San Antonio, Texas. Joan Buenger did an excellent job navigating the group while in the fantastic city! Many sites were visited (Witte Museum, Fredericksburg Bus Tour, LBJ Ranch, Market Street etc.), and the comradery was out of this world. Keep your eyes open because there are many more adventures to be had by this group!





District Cultural Arts Contest

The District Cultural Arts Contest was held in conjunction with the Spring Conference in La Grange, Texas. There were numerous entries in the contest. Austin County had several first-place winners. Congratulations to all! First-place winners will advance to the State competition in Lubbock, Texas in September. Congratulations again to each of you!! Continue to make Austin County proud!

Medical Drug Plan Program

In January, EEA hosted the Medical Drug Plan Educational program. The very knowledgeable presenters (Ken Peters, Emily Wagner and Rudy Ammer) discussed a variety of topics related to choosing a medical drug plan as well as social security and Medicare. They also expressed that assistance is available to help them navigate through the process in order for individuals to make an informative decision.





It's Cultural Arts Time

During the month of

March, EEA hosted its annual spring cultural arts workshop in Industry, Texas. Members made a host of beautiful items fit to give away or display. Mark your calendars for next year because you don't want to miss it!

UPCOMING EVENTS:

EEA Council Meeting



Getting Ready for Spring

During February, EEA conducted a County wide

educational program opportunity to learn more about plants and succulents from proprietor Marian Cates of the Bellflower in Bellville. Members learned the secrets related to growing succulents, shrubs and much, much more. They gained practical advice which would serve useful for gardeners at any age.

The next E.E. Council Meeting is scheduled for Thursday, May 26th, 2022, at 2:00 p.m. at the Extension Office. Each club member is welcome to attend, and each club is entitled to one vote.



Yearbook Planning Meeting

The Program Committee will meet on Thursday, May 26th to plan next year's programs and activities. The meeting will take place in the Extension Office Meeting Room. The meeting will begin at 10:00 am and your support and ideas

will make it 100% successful! **Please** visit with your members for ideas related to tours, educational programs and workshops. This will totally be a grassroots effort. If you have any questions, please feel free to call the Extension Office.

Cookie Decorating Program

Mark your calendar! A countywide program will be held on Friday, June 10th at 10:30 a.m. at the Extension Office. See you then and try to bring a friend!

Salad Lunch

Come one, come all to the Salad Luncheon on Friday, June 10th at the Extension Office. Please bring your favorite salad to share with those in attendance. It will follow the Cookie Decorating Program.

Vacuum Sealing and Drying Fruits/Vegetables Program

June 10th will be a fun day! We want to invite you to participate in the Vacuum Sealing and Drying Fruits and Vegetables educational program after the salad luncheon. The program will be conducted by one of our very own members. Come prepared to learn and have fun!

EEA Council Meeting

The following E.E. Council Meeting is scheduled for Thursday, July 28th, 2022, at 2:00 p.m. at the Extension Office. Each club member is welcome to attend, and each club is entitled to one vote.

Progressive Dinner and Installation

Summer Cultural Arts Workshop

Mark your calendar! The summer Cultural Arts Workshop is scheduled for Thursday, July 14th at 1:00 p.m. at the Extension Office. Look for more information to come.

Goals Meeting

The 2022-23 Goals Committee Meeting is scheduled for Thursday, July 28th at 9:30 a.m. at the Extension Office. Committee chairs, please inform your members of this very important meeting. Your participation will make it 100% successful and effective. Please contact Knellen Quinteros if you have any additional questions.

The annual Progressive Dinner and Installation of officers is scheduled to be held on Sunday, August 21st. The event will be hosted by the Sealy Moonlighters Club. Please hold the date and look for more information to come this summer.

Dinner Tonight Recipe Corner

Avocado Nachos with Cilantro Crema

Servings: 6 (1 cup servings)

Ingredients:

Nachos

- 1/2 pound <u>of lean ground beef</u>
- 2 tablespoons <u>of water</u>
- 1 tablespoon <u>plus 1 teaspoon low</u> sodium taco seasonings
- 1 cup plain panko breadcrumbs
- 2 <u>avocados</u> seeded, peeled and sliced
- 2 cup <u>shredded lettuce</u>
- 1 cup diced tomatoes

Instructions:

Nachos

1. In a medium skillet brown the ground beef. Cook until it reaches 160°F. Add the water and 1 tablespoon of taco

Cilantro Lime Crema

- 1/2 cup <u>plain yogurt</u>
- 1/4 cup cilantro
- 2 cloves <u>garlic</u>
- 2 tablespoons <u>lime juice</u>
- 1 teaspoon <u>lime zest</u>

seasonings stir to combine. Take off heat and set aside.

2. In a shallow plate combine the breadcrumbs and remaining taco seasoning.

- 3. Take the avocado slices and roll in the breadcrumbs and place on a plate.
- Place avocadoes slices in an air fryer basket and spray tops with nonstick cooking spray. Cook at 375°F for 7 minutes. Note: Refer to the air fryer owner's manual for specific cooking times. The time and temperature listed above are general guidelines.
- 5. Place avocado slices on a serving plate. Top with ground beef, lettuce, tomatoes, and cilantro lime crema

Cilantro Lime Crema

Place all ingredients in the food processor. Blend until combined. Serve immediately or refrigerate in an airtight container for up to 5 days.



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