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The EEA Connection

State Program—Home Safety

There will be an EEA educational program on “Home Safety” at the Extension Office on Thursday, September 26th at 1:00 p.m. Come and find out the many ways you can keep your home safe for yourself and your families. Be sure to invite a friend!

Great Day Houston with Deborah Duncan

On Tuesday, August 27th, Austin County EEA will be attending a live recording of Great Day Houston with Deborah Duncan. Be sure to tune in and see if you can catch a glimpse of our group in the audience.



Indoor Winter Gardening Program

Please mark your calendars to attend the “Indoor Winter Gardening program on Thursday, October 31st at the Extension Office at 1:00 p.m. Come and find out what exactly are the best items to plant during the winter months. As always, bring a friend along with you!

2018 - 2019 Club Highlights

Club Presidents, please send Knellen Quinteros a review of all activities/highlights conducted by your club for the 2018-2019 club year. We want to make sure that your efforts in the community are recognized in an excellent manner. This information is needed for upcoming interpretation events and program promotion. Please submit the information to her by September 26, 2019.

Fair Committee Meeting

There will be a County Fair Committee Meeting on Thursday, October 31st at 10:30 a.m. at the County Extension Office. This will be our opportunity to review the 2019 Austin County Fair and discuss possible changes for 2020. Mark your calendars.

Operation Christmas Child

Operation Christmas Child is just around the corner! This is not a mandatory community service project, but we wanted to leave participation in the program up to each individual club. As most of you know, Operation Christmas Child delivers millions of gift filled shoe boxes around the world to boys and girls who are suffering because of war, natural disaster, poverty, illness or neglect. If you or your club would like to show support once again, please contact Gladys Frank for an update on what can and can't be shipped in the boxes (979-885-2477). All boxes must be turned in by November 1st to Gladys Frank. Boxes can also be dropped off at the Extension Office.



Dinner Tonight - Presto Pesto

Pesto is a fresh and simple sauce that will brighten any dish this summer! Add it to your pasta, top your protein or spread it on a sandwich. Use the link below to view the video entitled "Pesto Presto"

<https://>

youtu.be/8Adh8xEvewl?t=5



Membership Forms

Members, if you have not turned in any remaining forms, please submit your 2019-2020 Membership Forms to your club President or the Extension Office as soon as possible. We want to make sure that no one is forgotten and that all members are accounted for during the next EEA year. Only those members who submit a form will have their membership paid. Thanks for your assistance in advance and for making Austin County EEA what it is!

State Meeting Attendees

Several Extension Education members from Austin County will be representing EEA at the 2019 State TEEA meeting in San Marcos, Texas (September 10th-11th). Those serving as delegates are Knellen Quinteros, Jessie Kokemor, Gladys Frank, Gaye Farr and Doris Glenewinkel. Enjoy your time and we look forward to your report.

How to Pair Pasta with Sauces!

Which pasta should you pair with which sauce? Here's our guide from Escoffier:

Long and round: (spaghetti, linguini, vermicelli, and angel hair)

Olive-oil-based sauces work best with these long noodles. They coat the thin surface and cling to it without having too much noodle to drown out the sauce.

Long and flat: (fettucine, tagliatelle, pappardelle, linguine)

Creamy sauces like ragu and bolognese. They require bigger surfaces in order to stick to the noodles and not just fall to the bottom of the serving dish. Look for ones that are wide and flat, like pappardelle, for rich, hearty sauces. Alfredo sauce is great on fettucine because it doesn't require as much noodle to stick to. If you are working with a meaty or heavy sauce, also choose a wider, flat noodle like tagliatelle to hold up the thicker sauce.

Short pasta: (ziti, campanelle, penne, rigatoni)

Short pastas are super versatile. They have plenty of surface to hold creamy sauces but they also work well with chunky ones because meat and veggies get stuck inside them or on them. Pastas with the word "rigate" in them have ridges. This makes them excellent candidates for light sauces like pesto or creamy alfredo.

Large, wide noodles: (lasagna, manicotti, giant shells)

Lasagna noodles are perfect for baked pasta dishes. They layer well with sauce, meat and cheese and give the dish structure. Shells and manicotti can be stuffed with all your favorite ingredients and baked to perfection.

Spiral noodles: (rotini, fusilli, cavatappi)

Looking for a pasta that will hold thin sauces like alfredo but can also handle meaty, heavy varieties? Look for a spiraled noodle like rotini, cavatappi or fusilli. The texture of these types of pasta allows them to gather a lot of sauce and not let it slip off. Plus, they can be easier to eat (no slurping) and are a major favorite with kids. You can also use bigger ingredients with these noodles, like cheese chunks, chickpeas and diced tomatoes. These larger items would fall away from a spaghetti noodle but work well with shorter, more textured options.

Short shapes: (bowtie, wagon wheels, cavatelli)

Noodle shapes that are short and thick have a more dense bite. They work well in pasta salads and with larger ingredients. They have ridges, curls and ruffles that make them sturdier and work well with hearty, meaty sauces.



Evelyn Kieke's Care and Concern Corner

Please keep the
following people
in your prayers:

Gloria
Havemann

Shelf Life Matters

Stop the presses because pasta doesn't last a lifetime! Contrary to what you think, pasta does have a shelf life and it matters! The following information will definitely help you get your money's worth.



Shelf life matters! Here are the shelf lives for dry noodles:

Egg Pasta Noodles & Vegetable:

- 1-2 years depending on the best by date

Non-Egg:

- 3 years depending on best by date

2019 Community Outreach Funds Awarded

During the month of May, EEA donated funds to several worthy non-profit organizations in Austin County. The recipients of this year's funds were: R.A.P (Raising Academic Performance), Bellville, Sealy and West End Food Pantries, Senior Citizen Day Committee for Austin County Fair and the Austin County Fair Floral Design Contest/Championship Drive. Thanks and Hats Off to everyone who made these funds possible through EEA's Annual Baked Potato Luncheon!



Exhibitor Numbers

Bleiberville
1—25

North Austin County
26 - 45

Sealy Moonlighters
46 - 65

Wallis
66 - 80

West End
81-105

Austin County Fair Information

An orientation for ACF workers will be scheduled for Monday, **October 7th, 2019, at 3:45 p.m.** for all new workers. The meeting will take place at the fairgrounds. This will give us an opportunity to review the process, answer any last minutes questions and put out all last minute fires.

The Country Fair Auction will be held on Saturday, **October 12th, 2019 at 1:00 p.m.** If you have a Grand Champion baked item for the Auction, please have it at the fairgrounds on **Saturday, October 12th by 9:00 a.m.**

Photos for Extension Education Grand, Reserve and High Point winners will be taken on **Sunday, October 13th beginning at 1:00 p.m.**

Prize money can be picked up in the General Exhibit Building on **Sunday, October 13th from 12:00 p.m. to 3:00 p.m.**

Building setup is scheduled for **Wednesday, October 2nd and Monday, October 7th at 8:00 a.m.** Building teardown is scheduled for **Wednesday, October 16th at 8:00 a.m.** And check out time for items in the General Exhibit Building will be from **12:00 p.m. to 3:00 p.m. on Sunday, October 13th.**

2019 Department Chairmen for Austin County Fair

Chairman	2019 & 2020	2021 & 2022
West End (JoAnn Reichle & Lois Schubert)	Category H	Category A
Sealy Moonlighters (Karen Landrum & Marie George)	Category A	Category B
Bleiberville (Doris Glenewinkel & Judy Schulz)	Category B	Category C
Wallis (Evelyn Kieke, Gloria Havemann, Betty Lehmann, Barney Zimmerman)	Category C	Category E
Bleiberville (Geraldine Siptak & Annette Balke)	Category E	Category F
Sealy Moonlighters (Gladys Frank, Knellen Quinteros & Erika Moldt)	Category F	Category G
North Austin Co (Jessie Kokemor & Gaye Farr)	Category G	Category H
West End (Pam O'Brien, Betty Thiel, and Pat Allee)	Category J	Category J

EEA Spring Car Trips

This year, several EEA members and friends had the chance to tour the beautiful sights and sounds of San Antonio, Texas. Many historical sites were visited but the group truly enjoyed dining at the Guenther House for breakfast and the Grimm Sister's Tour. In addition, several of the same adventurous individuals decided to explore the sights and sounds right at our back door in San Felipe! Its' been a fun and exciting spring and summer for EEA! We look forward to next year's trips and we hope that many more of you will decide to come along!



The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating. Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in this activity are encouraged to contact the Extension Office at (979) 865-2072 prior to the meeting to determine how reasonable accommodations can be made.

Summer Cultural Arts Project

During the month of July, EEA sponsored a cultural arts opportunity for its members and friends to enjoy over the summer. Barney Zimmerman of West End EEA instructed and hosted the event at the Extension Office. The ladies had a fantastic time! Thanks Doris for the sweet treat that everyone got to enjoy!! Don't be surprised if you see the eggs of these chickens at the 2019 Austin County Fair.

